

# The 4-1-1 on 2-1-1



*2-1-1 updates for the week of July 14th, 2024*

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Find our newsletters online at:  
[www.211ashtabula.org/  
newsletters](http://www.211ashtabula.org/newsletters)

## What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at [211ashtabula.org](http://211ashtabula.org) or on our Facebook page, 2-1-1 Ashtabula County.



**Ashtabula County**  
Helping People. Changing Lives.

## Ashtabula Area City Schools



**August 6th**

**4:00-6:00 pm**

**JOIN THE FUN!**

**Prizes!  
Games!**

**DUNK TANK!**

**Back-to-School Supplies!  
MORE!**

**Lakeside High School Stadium**

6600 Sanborn Road, Ashtabula, OH

**Back-to-School Information!**

**FREE Hot Dogs, Water, & Snacks! Sno Cones!**

**Health Department: Vaccines**

**FREE Prize Raffle! Purchase Spirit Wear!**

**Lions Club– Vision Screenings!**

**FREE SHUTTLE STOPS** (will be posted to social media)

Follow us on Facebook...@dragonempowermentcenter or @AACSDistrict  
for updates! Or [www.aacs.net](http://www.aacs.net)

# July 18th, 2024

10 am to 2 pm

Kevin Cornelius Memorial Park

(North Park)

Ashtabula, OH 44004

## OPERATION BRIDGE DAY

Building Community  
Partnerships



Come join Law Enforcement and behavioral health agencies for Operation Bridge Day!

The event will be providing naloxone, harm reduction, prevention, and educational information **free** to the community.



**Free lunch  
provided!**



Questions:

Please contact: [Cfisher@AshtabulaMHRS.org](mailto:Cfisher@AshtabulaMHRS.org)



### Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

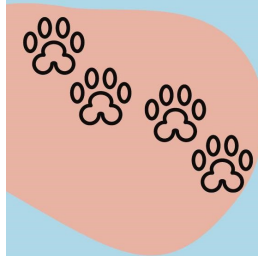
**Monday, July 15th**  
G.O. Community Development Corporation  
3703 Station Avenue  
Ashtabula, OH  
10:00am-12:00n

**Looking for your local food pantry?  
Call 2-1-1.**

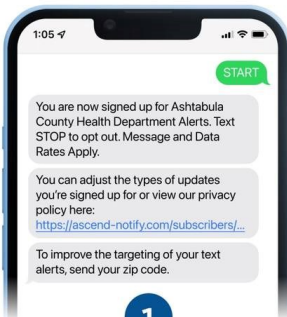


## FREE PET FOOD DISTRIBUTION

Wednesday, July 17, 2024 12-1pm  
Darkroom Brewing Co.  
32 N. Broadway, Geneva



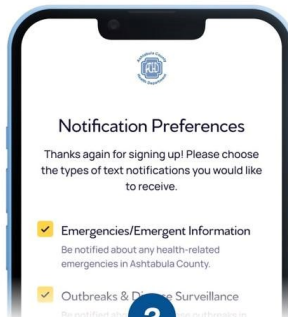
## How to sign up for community health text alerts



1

### Text to sign up

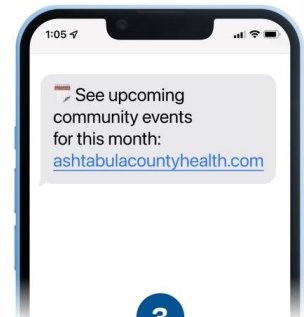
Sign up for the service by texting **START** to **440-805-ALRT (2578)**.



2

### Set preferences

You can adjust the types of alerts you receive through the link in the confirmation text message.



3

### Receive notifications

You will receive text messages for the topics you selected when they happen.



## You can quit smoking. We can help.

Join the American Lung Association's seven-week quit smoking program, conveniently held at the **UH Geneva Medical Center 870 West Main Street Geneva, Ohio 44041.**

Hundreds of thousands of people have become smoke free through a Freedom From Smoking® Group Clinic which offers a structured, systematic approach to quitting smoking.

Overseen by a certified facilitator, you will learn:

- How to know if you're really ready to quit
- Medications that can increase your success
- Lifestyle changes to make quitting easier
- How to prepare for your quit day
- Coping strategies for managing stress & avoiding weight gain
- How to stay smoke free for good

### No Cost Freedom from Smoking Group Quit Program

Open to everyone.

Thursdays – 5:30p.m. -7:00p.m.

Call (440) 593-0364 or email [Kellie.McGinnis@UHhospitals.org](mailto:Kellie.McGinnis@UHhospitals.org) to RSVP.

Deadline to RSVP is August 29, 2024. Minimum of 3 participants required.

Our first session starts on Thursday, September 5, 2024 at 5:30p.m.

Visit [Lung.org/ffs](https://Lung.org/ffs) for more information about the program or our online Freedom From Smoking® Plus if a Group Clinic isn't right for your quit.



SENIOR CARE NETWORK  
PRESENTS

SUMMER

SENIOR APPRECIATION  
PICNIC



FREE FOOD, DRINKS, &  
ENTERTAINMENT

FRIDAY | AUGUST 23 | 11 AM

LAKESHORE PARK

RSVP: ZOE 440.812.3464



SENIOR CARE  
NETWORK  
*Ashtabula County*

G.O. Community Development Corporation presents...

# BACK 2 SCHOOL

## BACKPACK & SHOE GIVEAWAY

G.O.  
Community  
Development  
Corporation



Register online by 07/17/2024  
[forms.go-cdc.org](https://forms.go-cdc.org)

Registration from 06/22/2024 – 07/17/2024.

While supplies last (book bags), child must be present with parent.

**Date:** Saturday, August 3, 2024

**Time:** 10:00AM – 12:00PM

**Location:**

G.O. Community Development Corporation  
3703 Station Avenue  
Ashtabula, OH 44004

Follow us on

@gocdcashtabula



**FREE** bookbags (no supplies), socks, shirts, underclothing and more.  
**FREE** lunch will be provided.



Return an old bookbag and be entered into a drawing to receive a **FREE** bicycle or scooter.

A HEARTFELT THANK YOU ALL OF OUR SPONSORS!

# You're invited to 2-1-1 Keys to Community



Wednesday, July 17th, 2024

9:30am to 11:00am

Ashtabula County District Library

## Part One

### The 101 on 2-1-1

Not familiar with 2-1-1? Attend this introduction to our 24 hour information and referral service, and how it can benefit your agency and clients.



## Part Two

LAKE COUNTY  
FREE CLINIC

CLEVELAND  
LEGAL AID  
SOCIETY

SENIOR  
NUTRITION  
PROGRAM

RETIRED  
SENIOR  
VOLUNTEER  
PROGRAM

2-1-1 Keys to Community is a free quarterly event that highlights 2-1-1 Ashtabula County and four other local programs. Join us to learn more about our community!

Please RSVP by emailing Samantha at [sdragon@accaa.org](mailto:sdragon@accaa.org)



2-1-1 Ashtabula County is a program of Ashtabula County Community Action Agency

By: Samantha Dragon  
Have something you want featured?  
Email [sdragon@accaa.org](mailto:sdragon@accaa.org) or call 440-990-1719

This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.