The 4-1-1 on 2-1-1



2-1-1 updates for the week of October 7th, 2024

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HARVEST IN THE HARBOR

RCPL FALL FESTIVAL

BASIC COMPUTER CLASS

COMMUNITY OUTREACH MEAL

ACCAA MEALS ON WHEELS MENU

CANCER SUPPORT GROUP

AND MORE

Find our newsletters online at: www.211ashtabula.org/newsletters

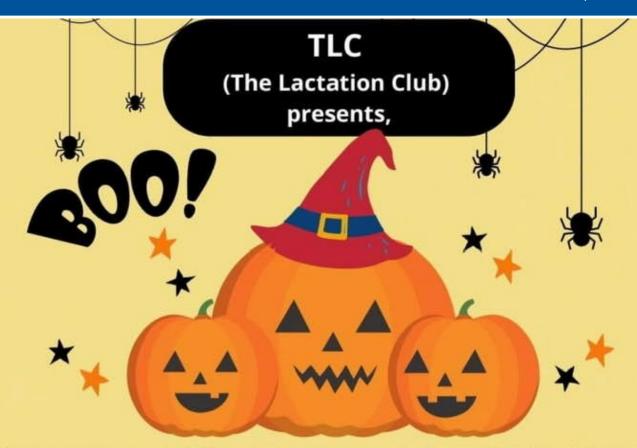
What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.

2.1.1

Ashtabula CountyHelping People. Changing Lives.



HALLOWEEN BREASTFEEDING SUPPORT GROUP

CONNECT WITH OTHER PARENTS AND ENGAGE IN BREASTFEEDING EDUCATION AND PEER SUPPORT. OPEN TO ALL PREGNANT, NEW AND EXPERIENCED MOMS.

LIGHT REFRESHMENTS WILL BE PROVIDED.

COSTUMES WELCOME!
BRING FAMILY! BRING A FRIEND!

TUESDAY.
OCTOBER 8TH
10AM - 12PM

ASHTABULA COUNTY WIC

4200 State Road Ashtabula, OH 44004

For more info contact the Ashtabula WIC office at 440-998-7515

This Institution is an equal opportunity provider.





Sunday, October 13th, 2024

LOCAL FOOD- VENDORS- PUMPKIN CARVING CONTEST- APPLE TASTING-MUSIC- FOOD TRUCKS- GAMES- & MORE!



Bridge Street, Ashtabula, OH

10 a.m.- 4 p.m

Come celebrate the harvest!

https://ashtabulalocalfoodfestival.org/

October

2024

Homesafe Support Groups:





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	Scary Movie Night 9:00 pm 5
Abusive Behavior Dynamics 3:00pm	7	8	Coping Strategies in DV 6:00Pm	10	11	Halloween Terrarium 9:00 pm 12
Assertive Communication 3:00pm	14	15	Taking back your power. 6:00Pm	17	18	Trick or Treat Bingo 9:00 pm 19
20 Identifying Types of Abuse 3:00pm	21	22	Examining Our behavior. 6:00pm	24	25	Releasing Trauma Exercise 9:00 pm 26
Grief & Domestic Violence 3:00pm	28	29	30 Know the warning signs. 6:00Pm	31		



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

Monday, October 7th

Conneaut Human Resource Center 327 Mill Street Conneaut, Ohio 10 am—12 n

Looking for your local food pantry? Call 2-1-1.







ACTS NOW OFFERING EXTENDED SERVICE HOURS

Monday- Thursday 5:00 p.m. - 11:00 p.m.

EDUCATION & EMPLOYMENT TRANSPORTATION

Call Now 440-992-4411

Sponsored by Ashtabula County Commissioners, Sunset Transportation & Growing Rural Independence Together







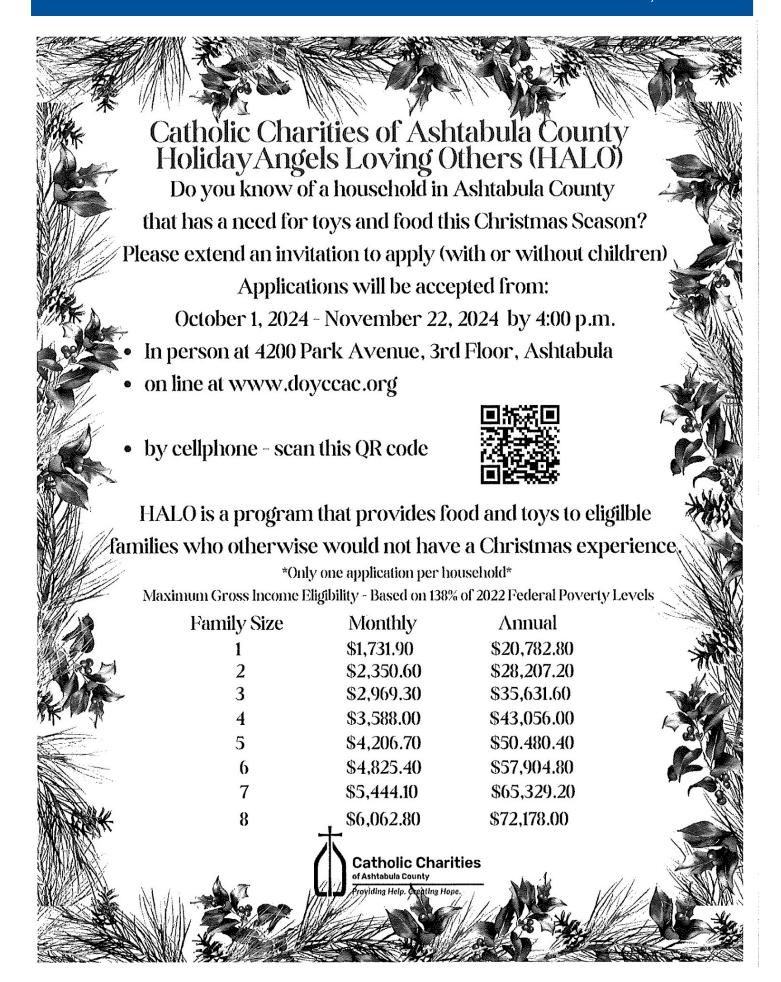
Basic Computer Class

Tuesday, October 15, 6-7 p.m.

Ashtabula Public Library Thursday, October 17, 6-7 p.m.

Join us for an introduction to basic computer, tablet, and cellphone use for those who feel less confident with technology. The Emerging Technologies Librarian will cover functions like taking photos, sending files, email basics, and social media.







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Ashtabula County Community Action Agency Meals On Wheels Menu October 2024



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Stuffed Pepper Casserole Green Beans Pears Dinner Rolls	2 Chicken Parmesan w / Pasta Italian Vegetables Mixed Fruit	3 Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Peaches & Italian Bread	4 Roasted Turkey w/ Gravy Sweet Potatoes & Stuffing Green Beans Fresh Fruit
Sloppy Joe Sandwich Green Beans oasted Cauliflower Poppers Grape Juice	8 Ham & Bean Soup Beets Ambrosia Roll	9 Loaded Potato w/ Broccoli & Cheese Seasonal Fruit Chex Mix	10 Cream Chicken w/ Biscuit Green Beans Peach Applesauce	11 Pot Roast w/ Gravy Roasted Potatoes Green Beans Fruit & Italian Bread
Pulled Pork Sandwich Brussel Sprouts Bean Quartet Fruit	Loaded Potato W/ Chili & Cheese Corn Fruit Cup & Roll	16 Cabbage Roll Casserole Key West Vegetable Blend Peaches Dinner Roll	17 Roasted Turkey w/ Gravy Stuffing & Sweet Potatoes Green Beans Fruit	18 Fish Sandwich Baked Beans Coleslaw Applesauce
	22	23	24	25



YOU MUST CALL 24 HOURS IN ADVANCE TO CANCEL OR RESTART YOUR MEAL 440-998-3244

Kielbasa w/ Mashed Potatoes

Corn Salad

Applesauce

Roll

Chicken Sandwich

Corn

Tossed Salad



CLOSED

Menu Subject to Change Based

on Availability of Products.

Milk Served Each Day.



Baked Chicken w/ Gravy

Mashed Potatoes

Peas & Carrots

Oranges & Bicsuit

Italian Sausage

Peppers & Onions

Buttered Cabbage

Peach Cup

Rise & Shine

Penne Pasta w/ Meatballs

Italian Vegetables

Fruit

Chili

Cornbread

Cold Pea Salad

Fruit

FOR READING

Join Ohio First Lady Fran DeWine for a breakfast to benefit the Ashtabula County Imagination Library Program*

Thursday, October 24, 2024 30-10AM

\$55/Ticket Your Ticket Includes Sponsorship of Books for 1 Local Child



Head Start 4510 Main Ave. Ashtabula, OH 44004

Sponsorships Also Available!

Learn More & Register Here Or Contact Robinlyn at rvogel@accaa.org (440) 997-5957, ext. 520







FREE

Blood Pressure Screening

Glucose Screening

Thursday October 24, 2024 11:30AM

Geneva Senior Center 62 West Main Street Geneva, OH 44041

Turkey & Cheese Sandwich

Tomato Bisque

Beets

Grapes

Vegetable Lasanga

Broccoli

Mandarin Oranges

31

(440) 466-3048



*It is possible First Lady DeWine may be unable to attend due to extenuating circumstances



Cancer Support Group

Support and Education for adults living with cancer and their caregivers

We meet every third Wednesday of the month 5:00 p.m. - 6:00 p.m.

October, 16th

Place to meet: Beckers 1601 W. Prospect Rd. Ashtabula, Ohio

November, 20th

Place to Meet: Casa de Frida 3315 N. Ridge Rd. E Ashtabula, Ohio 44004

December, 18th

Place to meet: Crows Nest 1257 Harmon Rd. Ashtabula, OH 44004

Location:

Geneva Medical Center (building outside of the hospital) The Training Center (room 101) 830 West Main Street Geneva, Ohio 44041 (Location subject to change)

A Support Group brings together people who are going through similar experiences and allows them to express their feelings and concerns.

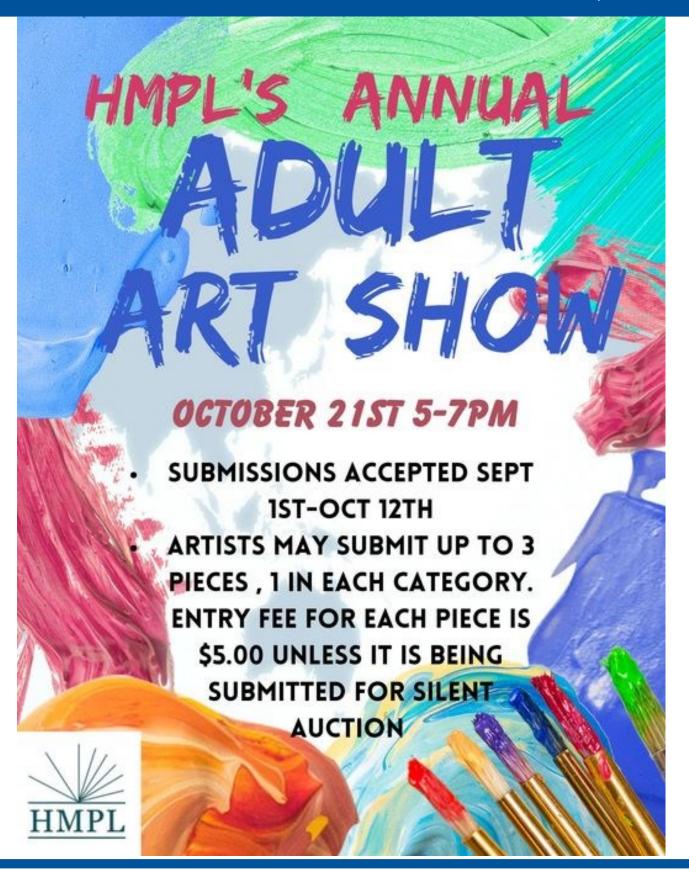
This is a free program for adults.

- □Talk about how cancer affects your life and the lives of those around you
- Learn new ways to cope and support one another

To learn more and to RSVP, call:

Kellie McGinnis, RN 440-593-0364





By: Laken Dowd
Have something you want featured?
Email Idowd@accaa.org or call 440-990-1723

This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.