

The 4-1-1 on 2-1-1



2-1-1 updates for the week of June 23rd, 2024

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YOU'RE INVITED

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SHRED DAY

AND MORE

Find our newsletters online at:
[www.211ashtabula.org/
newsletters](http://www.211ashtabula.org/newsletters)

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula County
Helping People. Changing Lives.

SAVE THE DATE

For the next
**2-1-1 Keys to
Community**



Please join us for our quarterly 2-1-1 Keys to Community event, where we share information about our 24/7 information and referral service and the programs listed in our resource database!

**Wednesday
July 17th
at ACDL**

Community speakers to be announced!



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

Tuesday, June 25th
Edgewood Alliance Church
3137 East Center Street
Conneaut, OH
10:00am-12:00n

Friday, June 28th
Andover United Methodist
181 South Main Street
Andover, OH
10:00am-12:00n

**Looking for your local food pantry?
Call 2-1-1.**



You're Invited!

OPEN HOUSE & SPRING SOCIAL

Join us in celebrating the completion of our newly renovated gym - proudly serving as the home of the Ashtabula County Special Olympics! The event will kickoff with a proclamation at 11:00am, followed by a social featuring hotdogs, popcorn, cookies and cornhole!

Thursday, June 27th

Proclamation & Open House | 11:00am
Spring Social | Following Until 1:00pm

Ashtabula County Board of DD
2505 South Ridge Road East
Ashtabula, OH 44004



Ashtabula County Board of Developmental Disabilities

DID YOU KNOW?

The Ashtabula County Health Department provides physical examinations for daycare age children through adults

Our physical assessment service is available for:

- ✓ Daycare and School Physicals
- ✓ Sports Physicals
- ✓ Job Physicals
- ✓ Bus Driver Physicals

Contact us today to schedule your physical available on Tuesdays and Thursdays, appointment required, insurance accepted, no one is turned away for inability to pay

☎ 440-576-6010 option 2
12 West Jefferson St.
Jefferson, Oh



Ashtabula Support Group

Ashtabula County District Library
4335 Park Ave. | Ashtabula
3rd Thursday of every month
6:30 - 8:00pm

FREE SUPPORT GROUPS OFFER A CONSISTENT, CARING PLACE FOR ALZHEIMER'S AND DEMENTIA CAREGIVERS.



We are always here to help:
800.272.3900 or www.alz.org/cleveland



Emergency Kits



You should have an emergency kit at home, at work, and in your car.

TO LEARN MORE, VISIT:
Ready.Ohio.Gov




Ready.Ohio.Gov



ACCAA HEAD START

WILL BE HOSTING IT'S 4th ANNUAL

MOBILE CLASSROOM



ALL ARE WELCOME!

Your Child DOES NOT need to be enrolled in Head Start to participate.

Parents, bring your children (of all ages) and join us for some fun summertime activities!!



DATE	LOCATION	ACTIVITIES
JUNE 7, 2024 12:00 - 3:00	COMMUNITY ACTION AGENCY 4200 STATE ROAD, ASHTABULA	SIDEWALK CHALK
JUNE 14, 2024 12:00 - 3:00	CONNEAUT TOWNSHIP PARK LOWER PAVILION	LEARN TO MAKE OOBLECK
JUNE 21, 2024 12:00 - 3:00	GIDDINGS PARK, JEFFERSON CENTRAL PARK PAVILION	BALLOON TENNIS
JUNE 28, 2024 12:00 - 3:00	SAYBROOK TOWNSHIP PARK EAST PAVILION	BUBBLE WAND MAKING
JULY 5, 2024 12:00 - 3:00	ROME SPLASH PARK 5324 OH-45, Rome	WATER PLAY
JULY 12, 2024 12:00 - 3:00	GENEVA PARK EAST PAVILION	SCAVENGER HUNT
JULY 19, 2024 12:00 - 3:00	PYMATUNING STATE PARK MAIN BEACH	CLOTHESPIN BUTTERFLIES
JULY 26, 2024 12:00 - 3:00	LAKE SHORE PARK MAIN PAVILION	RAINBOW BUBBLES
August 2, 2024 12:00 - 3:00	COMMUNITY ACTION AGENCY 4200 STATE ROAD, ASHTABULA	ROCK PAINTING

PLEASE NOTE: Parent and/or guardian participation is required.

Location and Activities are subject to change.

Please watch our Facebook (Head Start Ashtabula) for changes in location.

These events are all open to the community.
For more information, please call (440) 993-7716.



This Agency is an equal opportunity employer and service provider.



NAMI Family to Family

NAMI Ashtabula County is currently registering for our Peer-to-Peer Classes which are Starting Wednesday, July 17, 2024 and continue weekly for 8 weeks from 6:00 to 8:00 pm at the Community Counseling Center Clubhouse.

It is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery.

Taught by trained leaders with lived experience, this program includes activities, discussions, and informative videos. However, as with all NAMI programs, it does not include recommendations for treatment approaches. The class is offered free of charge with all materials provided.

To register, contact: NAMI Ashtabula Co OH (440) 606-6264 or email ashtabulanami@gmail.com

NAMI Ashtabula County is currently registering for its free Family to Family training which will begin Tuesday, July 2, 2024 from 6:00 to 8:30 pm at Community Counseling Center Clubhouse 2801 "C" Court Ashtabula OH 44004.

This course is designed for family members and close friends of those who suffer from severe and persistent mental illness. It is an 8 session program which meets once a week for 2 ½ hours. The course covers diagnoses and symptoms of the major mental illnesses, how the brain is affected, medications, coping and communication skills, and a lot more designed to assist families in helping their loved ones on their recovery journey. The course is conducted by trained family members and is offered free of charge with all materials provided.

To register, contact NAMI Ashtabula County call 440-606-6264 or e-mail ashtabulanami@gmail.com .



Great Garden Detective



In conjunction with the Summer Foods Service Program, The Ohio State University Extension SNAP-Ed program will be presenting a free 30-minute program for kids during lunch! Kids will have fun learning how fruits and vegetables grow! Stop by for this free hands-on program!

Conneaut Human Resource
11:30 a.m. - 12:00 p.m.

Thursday, June 20
Thursday, June 27
Thursday, July 18
Thursday, July 25
Thursday, August 1



The 4-1-1 on 2-1-1

The week of June 23rd, 2024



JUNE 29 · 9 AM-12 PM

First Baptist Church

85 W. Jefferson Street, Jefferson, OH 44047

**FREE TO ALL
UP TO 20 FILE BOXES
PAPER ONLY PLEASE
ON-SITE SHREDDING**





Ashtabula County Community Action Agency
Meals On Wheels Menu



July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5
Swedish Meatballs Stewed Tomatoes Mixed Vegetable Blend Fruit Cup	Fried Chicken Green Beans Carrots Peaches & Biscuit	Hot Dog w/ Bun Baked Beans Applesauce Coleslaw	CLOSED	CLOSED
8	9	10	11	12
Oven-Fried Chicken Roasted Corn & Peppers Spinach Fresh Fruit & Biscuit	Stuffed Pepper Casserole Green Beans Pears Dinner Roll	Chicken Parmesan W/ Pasta Italian Vegetables Mixed Fruit	Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Peaches & Roll	Macaroni & Cheese Stewed Tomatoes Brussel Sprouts Fresh Fruit
15	16	17	18	19
Sloppy Joe Sandwich Green Beans Cauliflower Poppers Grape Juice	Turkey Croissant w/ cranberries, lettuce, onion Cold Pea Salad Fresh Fruit	Ham Club Sandwich Vegetable Soup Fresh Fruit	Cream Chicken w/ Biscuit Green Beans Peach Applesauce	Pot Roast w/ Gravy Red Skin Potatoes Carrots Fresh Fruit & Roll
22	23	24	25	26
Pulled Pork Sandwich Broccoli Bean Quartet Fresh Fruit	Tuna Salad Sandwich Chilled Bean Medley Fresh Fruit	Cabbage Roll Casserole Green Beans Peaches Dinner Roll	Teriyaki Chicken w/ Rice Asian Blend Veggies Coleslaw Tropical Fruit Cup	Roasted Turkey w/ Gravy Stuffing Sweet Potatoes Green Beans & Fruit
29	30	31		
Baked Chicken w/ Gravy Mashed Potatoes Peas & Carrots Fruit & Biscuit	Penne Pasta w/ Meatballs Italian Vegetables Fresh Fruit	Chicken Outlet w/ Bun Corn Tossed Salad Craisins		Menu Subject to Change Based on Availability of Products. Milk Served Each Day.



**YOU MUST CALL 24 HOURS IN ADVANCE TO
CANCEL OR RESTART YOUR MEAL
440-998-3244**



Our senior nutrition program provides hot, nutritious meals for local seniors. In addition to the meal, our staff also conduct a wellness check with every delivery, Monday-Friday.

A minimum contribution of \$3.00 is requested for each meal delivered. No person will be denied service based on inability to pay.

The home delivered meal program is available to seniors age 60 and older who struggle to prepare or obtain their own meals, and do not have anyone

to provide the support for them.

We also have senior dining sites where all seniors, ages 60 and older, are welcome to enjoy lunch. The meals are made fresh daily in our Jefferson kitchen and served hot in our dining rooms.

Lunch is generally served between 11:30 and 2pm, but call for serving times at the site of your choice.

For more information about our senior nutrition programs, or to sign up yourself, contact senior

By: Samantha Dragon
Have something you want featured?
Email sdragon@accaa.org or call 440-990-1719

**This is only a short highlight of some of the
timely 2-1-1 resources, please contact 2-1-1
for more information.**