

The 4-1-1 on 2-1-1



2-1-1 updates for the week of January 13th, 2025

IN THIS ISSUE:

RSV SHOTS

HOME WEATHERIZATION

MEALS ON WHEELS OPEN INTERVIEWS

NARCAN DISTRIBUTION

THE BRIDGE PROJECT

TAX TALK

WARMING WALL

AND MORE

Find our newsletters online at:
www.211ashtabula.org/newsletters

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula County

Helping People. Changing Lives.



Now Providing RSV Shots

**Book Your
Appointment Now**

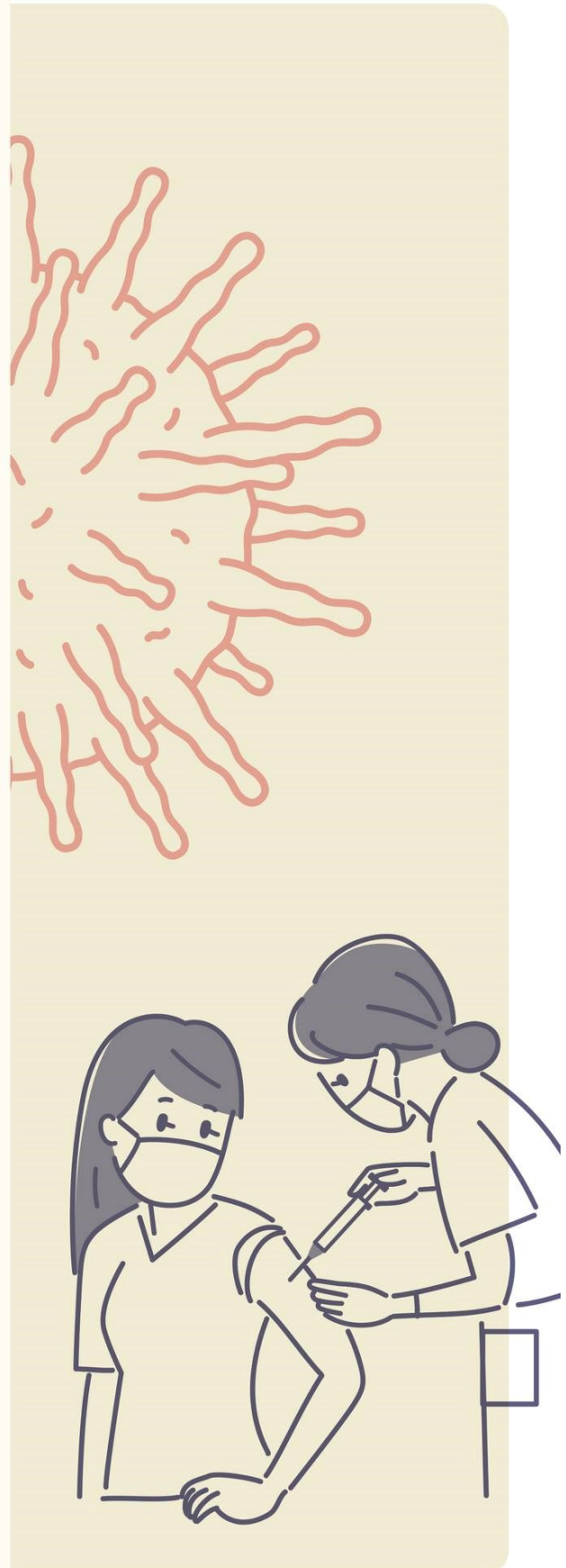
**Conneaut City Health
Department
327 Mill Street
Conneaut, Ohio 44030
Phone: (440) 593-3087**

Respiratory Syncytial Virus (RSV) can be a concerning threat, especially for young children and vulnerable populations.

Our RSV vaccine offers a proactive solution to protect your family's health. By choosing to vaccinate, you're not only safeguarding your loved ones but also helping to create a safer and healthier community.

Our office currently offers the Arexvy vaccine for ages 75 and older or for those immunocompromised* through your insurance coverage.

***Immunocompromised patients should consult with their provider before making an appointment.**



**FREE!
FREE! FREE!**

HAVE SOMETHING THAT NEEDS FIXING?



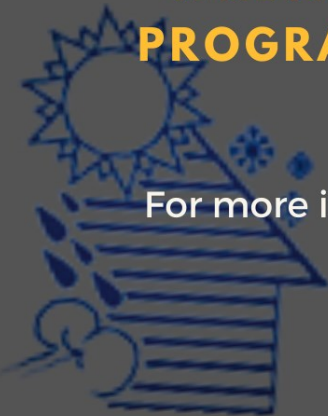
Let Community Action via the **Weatherization Assistance Program** give you the **FREE** gift of a furnace, a water heater, roof repair, and/or other home repairs! *



WHETHER YOU RENT OR OWN, THIS FREE PROGRAM SERVICES ASHTABULA, LAKE, & GEAUGA COUNTIES!

* UPON APPLICATION & INSPECTION APPROVAL

For more information call 440-997-5957 Ext: 550 or 554, or just dial 2-1-1!



WWW.ACCAA.ORG



The 4-1-1 on 2-1-1

The week of January 13th, 2025

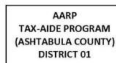
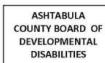


Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

There are no Mobile Pantries this week.

**Looking for your local food pantry?
Call 2-1-1.**



Ashtabula County Board of Developmental Disabilities and AARP Tax-Aide have come together to bring **Free** Tax Preparation to the taxpayers of Kingsville and surrounding communities.

AARP Tax-Aide helps people file their Federal and State taxes for Free.

Beginning January 6, 2025, you can stop by the Ashtabula County Board of DD to make an appointment and pick up a tax packet.

If you have any inquiries about the program please contact the Ashtabula County Board of DD at 440-335-1587

We Are

HIRING!

Meals on Wheels Drivers

Open Interviews

Tuesday, January 28, 2025
2-4PM

-or-

Thursday, January 30, 2025
2-4PM

4200 State Road
Ashtabula, OH 44004



EMAIL:

mwesley@accaa.org



Signature Health Mobile Clinic

Tuesday, January 14th

9:00am - 12:00pm

*inside the library



Free Narcan Distribution At Community Counseling Center

2801 C Court, Ashtabula

January 13th 12:00pm-2:00pm

January 27th 12:00pm-2:00pm

Narcan/Naloxone is a emergency medicine that can stop an opioid overdose.

Get Trained.

Save a life.



It's norovirus season.

The best way to prevent norovirus year-round is by washing your hands well with soap and water, especially after using the bathroom and before eating.





THE BRIDGE PROJECT IN ACTION

The Bridge Project will provide 500 eligible low-income, pregnant individuals with unconditional cash – no strings attached. The cash can be spent on anything – food, formula, rent, childcare, diapers – truly, whatever the mother decides. The program duration is three years, with first payments beginning in April 2025.

PROGRAM PARTICIPANTS WILL RECEIVE:

\$1,125 one-time, upfront prenatal stipend

\$750 per month for the first 15 months of program participation

\$375 per month for the remaining 21 months of program participation

Appalachia will be on the cutting edge of research and evaluation

As part of our expansion to the Appalachian region, The Bridge Project is launching a first-of-its-kind research study to better understand the impacts of direct cash on maternal and infant health, nutrition, housing security, and other areas. In addition to the 500 Appalachian residents onboarded into the “high cash” participant group (the participants referenced elsewhere in this document), an additional 750 residents will be onboarded into a “low cash” participant group where they will receive compensation for completing research surveys and interviews.

HOW DO MOTHERS APPLY?

Applications are available online beginning January 8, 2025. Applications are reviewed on a rolling basis for eligibility and eligible program participants are selected by lottery. Applications will remain open until all program slots have been filled.

ELIGIBILITY CRITERIA INCLUDES:

- ▶ Live in the ARC-designated Counties within the States of Kentucky, Ohio, and West Virginia. All of West Virginia is considered within the Appalachian region
- ▶ Be 18 years or older
- ▶ Be 14 weeks pregnant or less
- ▶ Have an annual household income of less than \$44,000
- ▶ No SSN or ITIN required!



*Map above is for demonstration purposes only. Please refer to [ARC's website](#) for the full list of eligible counties in Kentucky and Ohio

APPLICATION LINK LIVE ON JANUARY 8th HERE: www.bridgeproject.org/apply



IMPORTANT DATES

JANUARY 8
Online Program Applications Open

APRIL 1
First Payment Disbursements

Learn more by visiting www.bridgeproject.org or contact us at info@bridgeproject.org

Tax Talk

FREE EVENT! JOIN US!



**Are you afraid to
file taxes?**

**Do you owe the
IRS money?**

Do you need tax help?

Attend this free presentation to learn more about common income tax issues and how to resolve problems with the IRS.

**Friday, January 17, 2025
10am – 12pm**

Ashtabula Public Library
4335 Park Ave, Ashtabula, OH

Topics include:

- Who should file taxes?
- Filing status
- Collection alternatives
- Non-filers
- Tax fraud & identity theft



ACTIVE LIVING EVERY DAY



About the program: Active Living Every Day (ALED) is a behavior change program that offers different options to traditional exercise programs to help participants overcome their barriers to physical activity.

- Each class has a short lecture and group discussion to help participants set goals, decrease barriers to exercise, and find an activity that they enjoy.

- Participants choose their own activity to create an exercise plan based on their lifestyle and preferences.
- Participants work to learn lifestyle management skills and build lasting behavioral change.
- **Note:** No physical activity takes place during the class; participants exercise independently or outside of the class depending on their individual goals.

Objectives:

ALED aims to help participants:

- Increase physical activity.
- Decrease stiffness.
- Improve blood pressure.

Target Audience:

- Adults with arthritis and other chronic conditions.
- Any adult who is interested in increasing their physical activity level.
- Sedentary adults.
- Older adults.

Key Activities:

- Short lecture on goal setting, overcoming barriers, and finding physical activities that participants enjoy.
- Group discussion.
- Create plan for physical activity based on lifestyle and personal preferences.
- All physical activity happens outside of class.
- There are optional online tools that participants may use.

Setting: Community/ Group-based workshop.

This class will meet 11:00 AM —12:00 PM at Country Neighbor Program.

Starting February 21—May 9, 2025. To sign up call 440-437-6311

Warm up Ashtabula County

**ASHTABULA COUNTY JOB & FAMILY SERVICES
IS HERE TO HELP YOU STAY WARM THIS WINTER.**

WARMING WALL



HOW IT WORKS:

- TAKE WHAT YOU NEED
- GIVE WHAT YOU CAN

WHAT'S A WARMING WALL?

A FENCE ADORNED WITH HATS, GLOVES, SCARVES, SOCKS, & OTHER WARM CLOTHING AVAILABLE TO ANYONE IN NEED.

ANDOVER
ANDOVER SPARKLE MARKET
97 PUBLIC SQUARE

ASHTABULA
FIRST PRESBYTERIAN CHURCH
BY THE ASHTABULA PUBLIC LIBRARY
4335 PARK AVENUE

CONNEAUT
LIBERTY STREET
PARK

JEFFERSON
JEFFERSON MEMORIAL PARK
25 W. JEFFERSON STREET

ORWELL
COUNTRY NEIGHBOR
39 S. MAPLE STREET



LET'S MAKE SURE EVERYONE IN OUR COMMUNITY STAYS WARM THIS WINTER SEASON.
FOR MORE INFORMATION, CONTACT ASHTABULA COUNTY JOB & FAMILY SERVICES AT (440) 994-1200.

SNAP A SELFIE WHEN DONATING AND USE #WARMINGWALL. TO JOIN THE MOVEMENT. HELP SPREAD AWARENESS AND INSPIRE OTHERS TO CONTRIBUTE!

By: Laken Dowd
Have something you want featured?
Email ldowd@accaa.org or call 440-990-1723

This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.