

2-1-1 updates for the week of March 10th, 2025

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#### **AND MORE**

Find our newsletters online at: www.211ashtabula.org/ newsletters

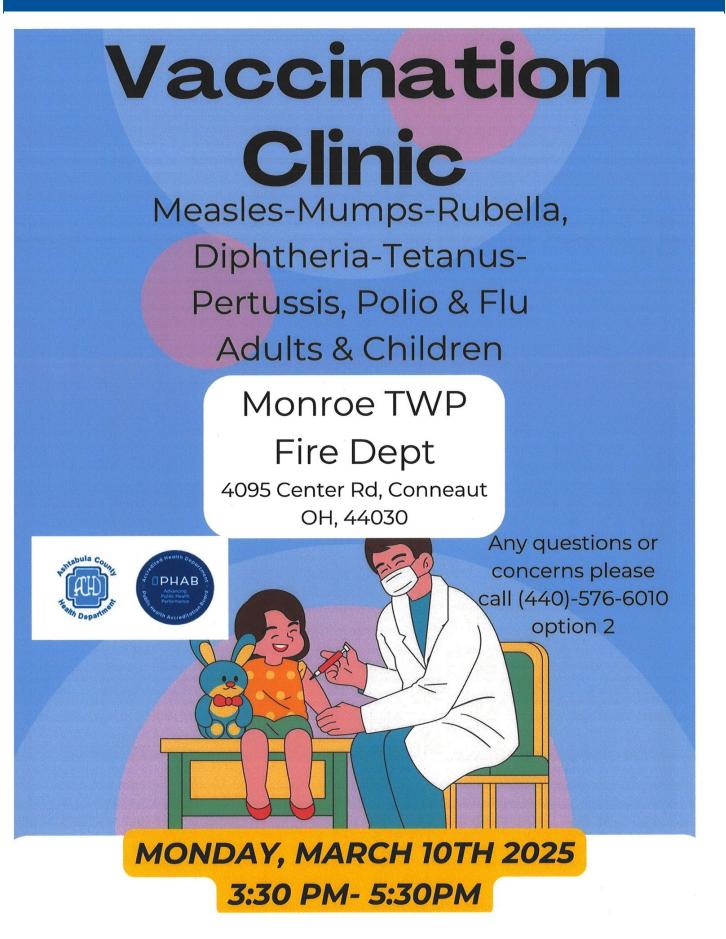
## What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula County Helping People. Changing Lives.



# Free Legal Clinic

Join the Ohio Justice Bus for a brief advice clinic





The Ohio Justice Bus is a mobile legal aid office and technology hotspot that allows legal aid and pro bono attorneys to travel to and provide legal services to Ohioans at no cost to clients.

The Ohio Justice Bus is partnering with the Ashtabula County Law Library to offer free legal advice to low-income residents of Ashtabula county. You will have the opportunity to talk privately to an attorney about family law issues, including divorce, dissolution, custody, visitation, and more.

Wednesday, March 26, 2025 11 a.m. - 2 p.m.

Join Us!

Ashtabula County Law Library 25 W. Jefferson St., Jefferson, OH 44047

To schedule your appointment, please call the Ashtabula County Law Library at 440-576-3690 or email ashtabulacountylawlibrary@gmail.com.

www.ohiojusticebus.org

@ohiojusticebus 💟



# LET'S TALK ABOUT DIABETES



Embracing Excellence in Healthcare

Thomas Hall a registered nurse from The Primary Health Network will be going over diabetes and how to control blood sugar!

# March 19, 2025 at 11:00 a.m.

Country Neighbor Program 39 South Maple St. Orwell, OH 44076



COUNTRY NEIGHBOR PROGRAM 39 S. Maple St. Orwell, Oll 44076 (440)437-6311 Program, Inc. tiffany.artman@countryneighbor.org









# SHOW ME THE MONEY!



**PRESENTED BY:** Youngstown Business Incubator, Made On Main, and Ashtabula Downtown Development Association

## **FREE INFO SESSION**

With funding coming to Ashtabula and Main Avenue, now is the perfect time to explore available funding options to complete or expand your projects.

Join us for an informative panel discussion. Experts will share insights on funding opportunities and guide you through the application process.

## **Featured Panelists:**

- The Youngstown Business Incubator
- Valley Partners
- The Small Business Administration
- The 503 Corporation
- New Entrepreneurs Opportunity Fund (NEO Fund)

Don't miss this opportunity to learn how to access the funding you need!

## MARK YOUR CALENDAR



March 27, 2025 5:30 - 7:00 PM

\*Light refreshments will be provided.



Ashtabula County District Library 4335 Park Avenue Ashtabula, Ohio

## **REGISTER HERE**



#### The week of March 10th, 2025



#### **Upcoming Mobile Food Pantries**

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

There are no Mobile Pantry's this week

Looking for your local food pantry? Call 2-1-1.





#### Answer the call to help another TODAY Give back, Ashtabula County

Learn about volunteer opportunities all over Ashtabula County. Enrich your life by serving at a local food pantry, library, school, art center, history museum, hospital, animal shelter, garden, and more!

#### **2 Volunteer Fairs**

April 11, 11am-1pm New Lyme Township Hall 810 Dodgeville Rd, Rome

JENDERSON M

April 25, 12pm-2pm Ashtabula Public Library 4335 Park Ave, Ashtabula



ORIAL PUBLIC LIBRARY'S

#### Free Food & Drinks

Bring a friend to enter the raffle!

440-670-9125 sblessing@fcsserves.org ashtabulagiveback.org

DRIVEN BY AM FORD-YOUR HOMETOWN DEALER

### Skin Health Screening with Apex Skin

Ashtabula Public Library

Wednesday, March 26, 1-3 p.m.

At this walk-in clinic, you can stop in and have a skin screening with Apex Health, in a private setting. Information about skin health and skin cancer prevention provided.



KINGSVILLE PUBIC LIBRARY presents

## **SMARTPHONES: AN INTRODUCTION**

Tuesday, March 18, 2025 2:00 - 4:00 PM Simak Welcome Center

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**KINGSVILL** 

PUBLIC LIBR



**ART SHOW** 

**OPEN HOUSE** 

MONDAY

**APRIL 14TH** 

4-6:30PM

FOR 1ST PLACE IN ALL AGE CATEGORIES AS WELL AS PROVIDING SNACKS AND REFRESHMENTS THE NIGHT OF THE OPEN HOUSE.

**AM FORD WILL BE** 

**PROVIDING GIFT CARDS** 

PLEASE REGISTER AT HMPL.INFO IF YOU PLAN TO ATTEND

S4 E JEFFERSON ST. JEFFERSON,OH 44047 | PH: 440-576-3761 | WWW.HMPL.INFO

440-553-1000 www.amfordashtabula.com 1059 OH-46, JEFFERSON, OH 44047



Childhood Immunization Clinics March through October 2025 No Appointment required

Vaccines Offered: DTAP/Tdap/Polio/IIIB/Pneumococcal/Hep A &B/HPV/Men A &B/MMR/Varicella/Rotavirus

Edgewood Church of Nazarene 3025 N. Ridge Rd. E., Ashtabula, OH	2 <sup>nd</sup> Wednesday	10:00 am - 12:00 pm
Andover Public Library 142 West Main St., Andover, OH	3 <sup>rd</sup> Wednesday	12:00 pm – 2:00 pm
Geneva Public Library 860 Sherman St., Geneva, OH	4 <sup>th</sup> Wednesday	12:00 pm – 2:00 pm
Orwell Country Neighbor 39 S Maple St., Orwell, OH	2 <sup>rd</sup> Thursday	1:00 pm – 3:00 pm
Hartsgrove Community Church 5260 US-6, Rome, OH	3 <sup>rd</sup> Thursday (except no	1:00 pm – 3:00 pm June clinic)

## March - May and September - October 2025

Kingsville Presbyterian Church4th Friday11:00 am - 1:00 pm3056 E. Main St., Kingsville, OH - Blood Pressure Screening Clinic. Adultimmunizations are available by prior arrangement. No childhood immunizations available.

## Main Office Clinics at ACHD

12 West Jefferson St., Jefferson, OHMon. or Fri.9:00 am - 3:30 pmImmunizations Given by Appointment Only - Mondays or Fridays.(440) 576-6010 option #2

If you have any questions about a vaccine you don't see listed, please call us.

- Please bring shot record. -

Adults: If you are unable to travel to ACHD in Jefferson, please call our office <u>well in</u> <u>advance</u> and we may be able to accommodate your needs at your neighborhood Childhood Immunization Clinic.

Ashtabula County Health Department 12 West Jefferson Street Jefferson, Ohio 44047



Telephone: 440.576.6010 Fax: 440.576.5527 Nursing Fax: 440.576.0001



### You can quit smoking. We can help.

Join the American Lung Association's seven-week quit smoking program, conveniently held at the UH Geneva Medical Center 870 West Main Street Geneva, Ohio 44041.

Hundreds of thousands of people have become smoke free through a Freedom From Smoking\* Group Clinic which offers a structured, systematic approach to quitting smoking.

Overseen by a certified facilitator, you will learn:

- How to know if you're really ready to quit
- Medications that can increase your success
- Lifestyle changes to make quitting easier
- How to prepare for your quit day
- Coping strategies for managing stress & avoiding weight gain
- How to stay smoke free for good

No Cost Freedom from Smoking Group Quit Program Open to everyone. Thursdays – 5:00p.m. -6:30p.m.

Call (440) 593-0372 or email <u>Christina.Houghton@UHhospitals.org</u> to RSVP. Deadline to RSVP is March 27,2025. Minimum of 3 participants required. Our first session starts on Thursday, April 3, 2025, at 5:00p.m.

Visit Lung.org/ffs for more information about the program or our online Freedom From Smoking<sup>®</sup> Plus if a Group Clinic isn't right for your quit.



1 800 LUNGUSA | Lung.org/ffs

#### The week of March 10th, 2025

### **BRIDGE** PROJECT

## THE BRIDGE PROJECT IN ACTION

The Bridge Project will provide 500 eligible low-income, pregnant individuals with unconditional cash – no strings attached. The cash can be spent on anything – food, formula, rent, childcare, diapers – truly, whatever the mother decides. The program duration is three years, with first payments beginning in April 2025.

**PROGRAM PARTICIPANTS WILL RECEIVE:** 

\$1,125 one-time, upfront prenatal stipend **\$750** per month for the first 15 months of program participation

\$375 per month for the remaining 21 months of program participation

#### Appalachia will be on the cutting edge of research and evaluation

As part of our expansion to the Appalachian region, The Bridge Project is launching a first-of-its-kind research study to better understand the impacts of direct cash on maternal and infant health, nutrition, housing security, and other areas. In addition to the 500 Appalachian residents onboarded into the "high cash" participant group (the participants referenced elsewhere in this document), an additional 750 residents will be onboarded into a "low cash" participant group where they will receive compensation for completing research surveys and interviews.

## **HOW DO MOTHERS APPLY?**

Applications are available online beginning January 8, 2025. Applications are reviewed on a rolling basis for eligibility and eligible program participants are selected by lottery. Applications will remain open until all program slots have been filled.

#### **ELIGIBILITY CRITERIA INCLUDES:**

- Live in the ARC-designated Counties within the States of Kentucky, Ohio, and West Virginia. All of West Virginia is considered within the Appalachian region
- Be 18 years or older
- Be 14 weeks pregnant or less
- Have an annual household income of less than \$44,000
- No SSN or ITIN required!



\*Map above is for demonstration purposes only. Please refer to  $\underline{ARC's\ website}$  for the full list of eligible counties in Kentucky and Ohio

APPLICATION LINK LIVE ON JANUARY 8th HERE: www.bridgeproject.org/apply



Learn more by visiting www.bridgeproject.org or contact us at info@bridgeproject.org

By: Laken Dowd Have something you want featured? Email Idowd@accaa.org or call 440-990-1723 This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.